

EZ CARNEGIE HARRIERS 3 MILE TIME TRIAL
11th NOVEMBER 2004
RESULTS

Pos.	Name	Club	Time	Cat.
1	Tommy Lawrence	Kilbarchan AAC	16.06	M
2	Robert Milton	Energy Zone Carnegie Harriers	16.25	MV
3	John Hargreaves	Energy Zone Carnegie Harriers	16.37	M
4	Rosalyn Alexander	Energy Zone Carnegie Harriers	17.26	F
5	Jeff Burton	Energy Zone Carnegie Harriers	18.24	MV
6	Alan Cockburn	Energy Zone Carnegie Harriers	19.34	M
7	Allan Davie	Energy Zone Carnegie Harriers	19.58	MV
8	Colin Fentiman	Energy Zone Carnegie Harriers	20.06	MV
9	Mick Cowie	Energy Zone Carnegie Harriers	20.28	MSV
10	Phil Smithard	Energy Zone Carnegie Harriers	20.30	MSV
11	Dave McCormack	U/A	20.45	M
12	Stephen Greer	Energy Zone Carnegie Harriers	21.22	MV
13	Lyndsay McMaster	Energy Zone Carnegie Harriers	23.58	F
14	Catherine Watson	Energy Zone Carnegie Harriers	24.11	FV
15	Casper Lewis	U/A	24.18	M
16	Sue Walker	Energy Zone Carnegie Harriers	24.33	FV
17	Tom Mailey	U/A	24.40	MSV
18	Jennifer Durie	U/A	24.54	F
19	Nicola Taylor	Energy Zone Carnegie Harriers	27.00	F
	CR - COURSE RECORD			