

EZ CARNEGIE HARRIERS 3 MILE TIME TRIAL
15th JANUARY 2004
RESULTS

Pos.	Name	Club	Time	Cat.
1	Stevie Ogg	Energy Zone Carnegie Harriers	16.32	M CR
2	Iain Taylor	Energy Zone Carnegie Harriers	16.45	M
3	Colin Reid	Energy Zone Carnegie Harriers	19.10	M
4	Ian Armstrong	Energy Zone Carnegie Harriers	19.22	M
5	Phil Smithard	Energy Zone Carnegie Harriers	19.47	MSV
6	Allan Davie	Energy Zone Carnegie Harriers	19.56	MV
7	Mick Cowie	Energy Zone Carnegie Harriers	20.06	MSV
8	Paul Hutton	Energy Zone Carnegie Harriers	20.30	M
9	Stephen Greer	Energy Zone Carnegie Harriers	20.33	MV
10	Alan Cockburn	Energy Zone Carnegie Harriers	20.42	M
11	Michael Moyes	Energy Zone Carnegie Harriers	20.49	M
12	Gail Murdoch	Energy Zone Carnegie Harriers	21.18	FV CR
13	Russell Adams	Energy Zone Carnegie Harriers	21.27	M
14	Lynne Kuz	Energy Zone Carnegie Harriers	21.29	FV
15	Andrew Kay	Energy Zone Carnegie Harriers	21.55	M
16	Carol Lisle	Energy Zone Carnegie Harriers	22.06	FV
17	Paul Arnott	Energy Zone Carnegie Harriers	22.42	M
18	Bill Duff	Energy Zone Carnegie Harriers	23.12	MSV
19	Fiona Rennie	Energy Zone Carnegie Harriers	23.42	FV
20	Ken Daniels	Energy Zone Carnegie Harriers	23.42	MSV
	CR - COURSE RECORD			