

EZ CARNEGIE HARRIERS 3 MILE TIME TRIAL
15th APRIL 2004
RESULTS

<u>Pos.</u>	<u>Name</u>	<u>Club</u>	<u>Time</u>	<u>Cat.</u>
1	John Hargreaves	Energy Zone Carnegie Harriers	15.53	M CR
2	Peter Morrison	Energy Zone Carnegie Harriers	16.01	M
3	Robert Milton	Energy Zone Carnegie Harriers	16.09	MV
4	Iain Taylor	Energy Zone Carnegie Harriers	17.35	M
5	Ricky Flett	Energy Zone Carnegie Harriers	18.51	M
6	Mick Cowie	Energy Zone Carnegie Harriers	19.12	MSV
7	Alan Cockburn	Energy Zone Carnegie Harriers	19.44	M
8	John Milton	Energy Zone Carnegie Harriers	19.49	MSV
9	Gail Murdoch	Energy Zone Carnegie Harriers	20.24	FV CR
10	Ken Daniels	Energy Zone Carnegie Harriers	22.01	MSV
	CR - COURSE RECORD			