

CARNEGIE HARRIERS

STRATHALLAN 5 MILE ROAD RACE

Note: back on a Saturday for 2010

SATURDAY 5th JUNE 2010 at 7 pm

Under UK Athletics Rules and a Scottish Athletics Permit Event.

Set within the picturesque grounds of **Strathallan School at Forgandenny, near Bridge of Earn**, the race consists of 2 laps of undulating terrain. Changing facilities are available at the school.

The event is promoted with the assistance of **Carnegie Harriers** and results will be posted on their club website at www.carnegie-harriers.co.uk

- **ENTRY FEE - £5.00 (SAL Members) £7.00 (Non-SAL Members)**
Entry fee will be donated to C.H.A.S., GETS KIDS GOING! and CANCER RESEARCH (Please make cheques payable to Strathallan School)
- **Prizes presented to 1st three males, 1st three females, 1st M40+, 1st M50+ , 1st M60+, 1st F40+, 1st F50+ and 1st Junior Under 20 (Male or Female)**
- **Free refreshment and baking after the race**
- **RACE LIMIT – 100 RUNNERS**
- **Minimum age is 15 years on date of the event**
- **Closing date for entries is Monday 31 May 2010 - entries taken on the day at a cost of £6.00 (SAL Members) and £8.00 (Non-SAL Members) if limit is not reached**

**Entry form, cheque and a stamped addressed envelope (A5 minimum with sufficient postage) must be sent to: Fabienne Thompson, Strathallan 5, Coventrees, Forgandenny, PH2 9HP
Tel: 01738 815002 Email: fabienne.thompson@btinternet.com**

Please enter me for the **STRATHALLAN 5 MILE ROAD RACE** on Saturday 5th June 2010 at 7 pm

First Name:..... Surname:.....

Address:.....

Date of birth:..... Tel.No:.....

Email:.....

Club:..... S.A.L. Membership No:.....

Category: Male ___ M40+ ___ M50+ ___ M60+ ___

Female ___ F40+ ___ F50+ ___

Male or Female Junior U20 ___

I confirm that the details are correct. I am medically fit to compete and I will not hold the race organisers, Carnegie Harriers or Strathallan School responsible for any injury, illness or loss to my person or property.

Signature:..... Date:.....

Official use only. Race No. - ____