

GRAHAM CLARK 3.9 MILE MEMORIAL RACE

Under UK Athletics Rules and a Scottish Athletics Permit Event.

KNOCKHILL RACING CIRCUIT by DUNFERMLINE

TUESDAY 31st AUGUST 2010 at 7.30pm

Organised by Carnegie Harriers Running Club

- Pre-race entry fee - £5.00 (SAL Members) £7.00 (Non-SAL Members)
- Entries on the night (if race limit is not reached) - £7.00 (SAL Members) £9.00 (Non-SAL)
- The race involves three complete circuits of Knockhill Racing Circuit.
- A free buffet, teas and coffees will be available after the race within the cafeteria at Knockhill.
- **Race limit – 250 runners** (online race entry at www.entrycentral.com)
- Awards to 1st three males, 1st three females, 1st M40, 1st M50, 1st F40, 1st F50, 1st M60, 1st F60, 1st MJ (Under 20), 1st FJ (Under 20), 1st Male team (3 runners) and 1st Female team (3 runners)
- Minimum age for competitors is 15 years on date of the event
- Closing date for entries is Thursday 26th August 2010 if the race limit is not reached.
- All race numbers are to be collected on the evening of the event between 6pm – 7.15pm

Please send your entry form to:

Graham Clark Memorial Race, 2 Meadowend, Crossford, Fife, KY12 8YF

Further details are available at www.carnegie-harriers.co.uk

Please enter me for the **GRAHAM CLARK MEMORIAL RACE** on Tuesday 31st August 2010 at 7.30pm

(Please make cheques payable to Carnegie Harriers)

First Name:..... Surname:.....

Address:.....

Date of birth:..... Tel.No:.....

Email:.....

Club:..... S.A.L. Membership No:.....

Category: M (20 – 39) ___ M40+ ___ M50+ ___ M60+ ___ MJ (Under 20) ___

F (20 – 39) ___ F40+ ___ F50+ ___ F60+ ___ FJ (Under 20) ___

I confirm that the details are correct. I am medically fit to compete and I will not hold the race organisers, Carnegie Harriers or Knockhill Racing Circuit responsible for any injury, illness or loss to my person or property.

Signature:..... Date:.....

Official use only. Race No. - _____