CARNEGIE HARRIERS

FESTIVE FOREST RUN

2009

Sponsored by Norec Ltd

A 7 mile race along undulating trails and tracks through Blairadam Forest, near Kelty.

SATURDAY 19th DECEMBER
at 11.00 am.

Mementos and Refreshments

Presentation of prizes will take place straight after the race.

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ENTRY FORM

ONLY OPEN TO MEMBERS OF CARNEGIE HARRIERS
PLEASE ENTER ME FOR THE 2009 FESTIVE FOREST RUN
ENTRY FEE - £3.00 (**NO ENTRIES ON THE DAY, CLOSING DATE – 17/12/08**)

NAME:______________________________ ADDRESS:_________________________

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CATEGORY (Please Tick)

MALE _ MALE 40 _ MALE 50 _ MALE 60 _ FEMALE _ FEMALE 40 _ FEMALE 50 _

I declare that I am physically fit and waive and renounce any rights and claims for damages I may have against the Forestry Commission, Carnegie Harriers and the Permit Holder for any loss/injury as a result of participation in the event.

SIGNATURE:_________________________

Return to: Morna Fleming, 2 Meadowend, Crossford, Fife, KY12 8YF.
(Please make any cheques payable to Carnegie Harriers)