

# CLOYBANK 6K TRAIL RACE

**SUNDAY 28<sup>th</sup> AUGUST 2011 at 2 pm**

Under UK Athletics Rules and a Scottish Athletics Permit Event.

Set within the picturesque grounds of **Cloybank Estate, Banknock, Stirlingshire** the race consists of 2 laps of undulating terrain providing a race distance of 6km.

The event is promoted with the assistance of **Carnegie Harriers**

- **ENTRY FEE - £5.00 (SAL Members) £7.00 (Non-SAL Members)**  
(Please make cheques payable to Cloybank Estate)
- **Prizes presented to 1<sup>st</sup> three males, 1<sup>st</sup> three females, 1<sup>st</sup> M40, 1<sup>st</sup> M50, 1<sup>st</sup> F40 and 1<sup>st</sup> F50**
- **Refreshments will be available after the race at Cloybank Coffee Shop**
- **RACE LIMIT – 75 RUNNERS (online race entry available at [www.entrycentral.com](http://www.entrycentral.com) )**
- **Minimum age is 15 years on date of the event**
- **Closing date for postal entries is Tuesday 24<sup>th</sup> August 2011 if the race limit is not reached. There will be no entries on the day.**

**Please send your entry form to:**

Cloybank 6K Trail Race, 2 Knapphill, Dunfermline, Fife, KY11 8WG

Further details are available at [www.carnegie-harriers.co.uk](http://www.carnegie-harriers.co.uk)

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Please enter me for the **CLOYBANK 6K TRAIL RACE** on Sunday 28<sup>th</sup> August 2010 at 2pm

First Name:..... Surname:.....

Address:.....

Date of birth:..... Tel.No:.....

Email:.....

Club:..... S.A.L. Membership No:.....

Category: Male \_\_\_ M40+ \_\_\_ M50+ \_\_\_

Female \_\_ F40+ \_\_ F50+ \_\_

I confirm that the details are correct. I am medically fit to compete and I will not hold the race organisers, Carnegie Harriers or Cloybank Estate responsible for any injury, illness or loss to my person or property.

Signature:..... Date:.....

Official use only. Race No. - \_\_\_\_